

Preschool Painting Patterns



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Painting Recipes

Scented Water Colors:

1 Tablespoon unsweetened Kool-Aid
1 Tablespoon Water

1. Mix water and Kool-Aid Together in a small container. Repeat several times using different flavors.

2. Allow painting to dry over night. Then you can scratch and sniff your picture.

Homemade Finger-paint:

3 Tablespoons cornstarch

1 cup water

2 teaspoons oil

Food coloring

Cook cornstarch and water over a medium heat until thick. Add oil and food coloring. Cool. Use on tray or finger-paint paper.

Puff paint:

1 cup water

1 cup flour

1 cup salt

Food coloring

First mix flour, salt, and water together. Divide into 3 or 4 squeeze bottles. Add food coloring. Shake until color is well blended. Squeeze onto stiff paper or cardboard. Allow to dry.

Painting Tips

1. Cover painting area with news paper.

2. Have kids wear paint shirts or old clothes.

3. Let the kids use their imagination by letting them paint what they want.

4. Set up a reasonable amount of spaces/places for kids to paint at depending on what the painting project is (how much supervision is needed).

Shower Scrubber Painting

Supplies:

- A shower scrubber (loofa)
- Any color finger paint (recipe on page # 4)
- Any type of thick paper

Instructions:

Lay out bowls or plates to put the paint in.

Dab the scrubber into the color paint of your choice. Once you have paint on your scrubber, take it and put it onto the paper making patterns of your choice. Keep repeating that step. When you change colors, wash the scrubber or use a different scrubber for each color of paint.



Sponge Painting

Supplies:

- Dish sponges
- White paper
- Tempera paint

Instructions:

Take paint and put it on the paper. Then take the sponge and smear the paint around with the sponge. Keep doing that step with other colors, until kids are finished.



Invisible Chalk Painting

Supplies:

- White chalk
- Scented water colors (recipe on page # 3)
- White paper

Instructions:

Write a message or draw something with the white chalk. Then with the water colors you will paint over the message or design. Then watch, and right before your eyes your message will appear.



Puff Painting

Supplies:

- Hard paper or card board
- Small squeeze bottles
- puff paint (recipe on page # 5)

Instructions:

Lay out the card board or thick paper. Take the squeeze bottles of puff paint and squeeze them on to the card board or thick paper. Keep repeating that step with different colors until finished.



Spatula Painting

Supplies:

- White paper
- Metal or plastic cook spatula
- Tempera paint

Instructions:

Put the paint on to the paper. Then place the spatula on the paint, and rub the spatula around. Do this step over and over using different colors.



Finger Painting

Supplies:

- Thick paper of your choice
- Finger paint (recipe on page #4)

Instructions:

Lay out paper and finger paints. Have the kids choose to do what they want.



Wire Wisk Painting

Supplies:

- Wire cooking whisk
- White paper
- Tempera paint

Instructions:

Put the paint on to the paper, take the wire cooking whisk and mix the paint around leaving and cool design. Keep repeating this step and adding different colors to make paper look even brighter.



Fly Swatter Painting

Supplies:

- A modern day fly swatter
- Tempera paint
- White paper

Instructions:

Take the paint and put it on the paper. Then take the fly swatter and swat it onto the paper. Keep doing this step and adding colors until the child is finished with the painting.



Comb Painting

Supplies:

- Combs
- White paper
- Tempera paint

Instructions:

Put paint on the paper. Then take the combs and move the paint around. Keep repeating this step until each child is finished with that painting.



About the Author:

Katie Storlie is in the seventh grade at the new Horizon Middle School in Moorhead. She has been in 4-H for 4 years. She has experience working with children for 3 years at 4-H day camps, babysitting, and in church programs.

The first goal of this project was to put together this book of painting ideas for preschoolers. The second goal of this project is to publish many copies of this book to give to surrounding daycares and 4-H Clover Bud leaders in Clay County.

I expanded the second goal of this project by having the daycare providers evaluate the book. I then took their advice into making the book easier to use. I have gotten the book too all my evaluators and have posted the book on the Clay County web site. Thank you to everyone who helped to make this project possible.

Katie