



*Your mental health is every bit as important as your physical health.*

**Questions? We are here to help!**

Becker County 218-847-5628 Clay County 218-329-4758

## **Crisis Services Available Any Time**

### **Mobile Mental Health Crisis Response:**

Mental Health Professionals can come to you

- Becker County: **218-850-4357**
  - Toll free: **1-877-380-3621**
  - Services by Stellher Human Services
- Clay: **800-223-4512**
  - Services by Lakeland Mental Health Center

### **Suicide & Crisis Lifeline: 988**

- **Call or Text to 988 or Online Chat at 988LifeLine.org**

## **Minnesota Warmline**

**651-288-0400**

Toll Free **855-WARMLINE**

Text **“Support”** to **85511**

Online chat: **MentalHealthMN.org**

7-Days/week 9:00am – 9:00pm

For if you are struggling with mental health, but are not experiencing an emergency

### **Birchwood Therapeutic Services**

[BirchwoodCounseling.com](http://BirchwoodCounseling.com)

**Fargo 701-532-1353**

#### **South Clinic**

3369 39<sup>th</sup> St S Suite 2

Hours: Mon-Fri 8:00am - 5:00pm

#### **West Clinic**

4955 17<sup>th</sup> Ave S #122

Hours: Mon-Fri 8:00am - 5:00pm

Evening hours may be available

### **Lakeland Mental Health**

[LMHC.org](http://LMHC.org)

**Detroit Lakes 218-847-1676**

928 8<sup>th</sup> St SE

Hours: Mon-Fri 8:00am - 5:00pm

**Moorhead 218-233-7524**

1010 32<sup>nd</sup> Ave S

Hours: Mon-Fri 8:00am - 6:00pm

### **Lakes Crisis & Resource Center**

**24-hour Crisis Hotline**

**218-847-7446 or 877-754-9683**

[LakesCrisis.com](http://LakesCrisis.com)

**Detroit Lakes 218-847-8572**

1339 Pelican Ln

Hours: Mon-Fri 8:30am - 4:30pm

### **Lutheran Social Services**

[LSSMN.org](http://LSSMN.org)

**Detroit Lakes 218-847-0629**

211 Holmes St W, Ste 302

Hours: Mon-Fri 9:00am - 5:00pm

**Moorhead 218-236-1494**

3101 South Frontage Rd, Ste 100

Hours: Mon-Fri 9:00am - 5:00pm

### **Prairie St John's**

[Prairie-STJohns.com](http://Prairie-STJohns.com)

**Fargo 701-792-7200**

Toll Free **877-323-9565**

510 4<sup>th</sup> St S

Phone answered 24/7

### **Rape and Abuse Crisis Center**

**24-hour Crisis Hotline**

**800-344-7273**

No fees for services

[RACCFM.com](http://RACCFM.com)

**Fargo 701-293-7273**

317 8<sup>th</sup> St N

Office Hours:

Mon-Fri 8:00am - 5:00pm

Phone lines answered 24/7

For more provider options visit [Fast-Trackermn.org](http://Fast-Trackermn.org)

**Rural Enrichment and  
Counseling Headquarters**

[RuralEnrichment.org](http://RuralEnrichment.org)

**Hawley 218-483-3145**

421 5<sup>th</sup> St

Hours: Call for availability

**Sagent Behavioral Health**

[sagentbh.com](http://sagentbh.com)

**Fargo 701-941-4503**

5354 42<sup>nd</sup> St S, Suite B

Hours: Mon-Thurs 7:00am - 7:00pm

Fri 7:00am - 5:00pm

**Moorhead**

**North Clinic 218-382-1267**

2405 8<sup>th</sup> St S, Suite 200

Hours: Mon - Thurs

7:00am - 7:00pm

Fri 7:00am - 5:00pm

**South Clinic 651-313-8080**

819 30<sup>th</sup> Ave S, Ste 208

Hours: Mon-Thurs 7:00am - 7:00pm

Fri 7:00am - 5:00pm

**Solutions Behavioral  
Health Professionals**

[SolutionsInPractice.org](http://SolutionsInPractice.org)

**Detroit Lakes 218-844-6853**

1041 Hawk St

Hours: Mon-Fri 8:00am - 5:00pm

**Fargo 701-412-2973**

1635 43<sup>rd</sup> St. S. Ste 105

Hours: Mon 8:00am - 8:00pm

Tues, Wed, Thurs

8:00am - 5:00pm

Fri 8:00am - 4:00pm

**Moorhead 218-287-4338**

Toll Free **877-455-6417**

1547 30<sup>th</sup> Ave S

Hours: Mon 8:00am - 7:00pm

Tues & Thurs

8:00am - 5:00pm

Wed 8:00am - 6:00pm

Fri 8:00am - 4:30pm

**St. Sophie's**

[St-Sophies.com](http://St-Sophies.com)

**Fargo 701-365-4488**

3201 33<sup>rd</sup> St. S

Hours: Mon - Fri 8:00am - 5:00pm

**Stellher Human Services**

[Stellher.com](http://Stellher.com)

**Detroit Lakes 218-844-7601**

1137 Jackson Ave

Hours: Mon-Thurs 8:00am - 5:00pm

Friday: 8:00am - 5:00pm

**Village Family Services**

Toll free **1-800-627-8220**

[TheVillageFamily.org](http://TheVillageFamily.org)

**Fargo 701-451-4900**

2701 12<sup>th</sup> Ave S

Hours: Mon, Tue, Thurs

8:00am - 7:00pm

Wed, Fri 8:00am - 5:00pm

**Moorhead 701-451-4811**

815 37<sup>th</sup> Ave S, Suite 100

Hours: Mon, Wed

8:00am - 5:00pm

Tue 8:00am - 7:00pm

Thu 8:00am - 6:00pm

Fri 8:00am - 1:00pm

**White Earth Mental Health**

**White Earth 218-983-6325**

40520 County Rd 34

Ogema, MN

Hours: Mon-Fri 8:00am - 4:30pm



EMM  
ROY

Your/your child's primary care provider may be able to provide mental health care or recommend other providers.  
Please confirm the provider is in your health plan network.