



Clay County Local Advisory Council for Children's Mental Health
Thursday February 2, 8:30 am – 10:00 am
Family Service Center 1st floor room 4

“To promote an accessible, comprehensive and a unified children's mental health system within Clay County.”

Members Present: Michelle Thordal, Clay County Social Services; Joni Medenwald, The Village; Paul Krabbenhoft, Clay County Commissioner; Lindsey Ternes, Clay County Probation; Erin Ellingson, Barnesville Public Schools Special Ed Coordinator; Lacey Hubert, Clay County Social Services; Lanette Gorder, Clay County Collaborative; Michelle Mullens, Lakeland Mental Health Center; James Reynolds Clay County Social Services intern; Danette Narum, Solutions

1. Introductions and One Good Thing!
2. Approval of January meeting minutes. M: Lacey S: Lanette
3. Treasurer's Report: Fund balance: \$3961.07
4. Unfinished Business:
 - Community and Professional Survey:
 - PLEASE send out the survey to any consumers, community members, and professionals
 - Final review of survey distribution plan:
 - i. Michelle:
 1. Will reach out again to CAP-LP (Lori) & Churches United (Pastor Sue)
 2. Will assist with getting the flyer up in Clay County bathrooms
 3. Will updated the LAC website with current information and add minutes monthly
 4. Will get the flyer included in the next Clay County Bits of Clay
 5. Will see if she can get the flyer/QR code posted in KidSource
 - ii. Barnesville/Erin:
 1. Next mailing for the school is the end of March, still looking at other options
 2. Will share with Lake Agassiz families and providers
 - iii. Lacey:
 1. Will check with Head Start to put up flyers in their area
 2. Will send out to Park Christian and St. Joe schools
 - iv. Lindsey:
 1. Will reach out to The Career Academy to see if they will post the flyer on the next family night

5. New Business:

- March meeting agenda items:
 - i. Update LAC Brochure
 - ii. Update “Who Do You Call” brochure
 - iii. Review and update the Work Plan
- Presentation of the LAC report to the Board of Commissioners
 - i. Tentative meeting at 5/9/23 at 9:00am
 - ii. If anyone is available to join Michelle in presenting the report, please let her know

Agency Reports/Consumer reports:

Clay County Social Services: Commissioner Keeler followed up with Michelle and a meeting was held with Social Services to discuss partnerships and upcoming legislation.

Commissioner Krabbenhoft – if there are any legislation concerns you have that could be brought forward to the Association of Minnesota Counties please contact Commissioner Krabbenhoft

Lakeland MHC – hired two therapists, one will start mid-month and the other the end of the month; still looking to add a new prescriber; case management waitlist is very small.

Barnesville Schools – speaker coming mid-February to talk about mindfulness and coping strategies with the middle and high school students; Snowball week happened last week and was fun for everyone.

The Village – some changes in staff; currently have a waitlist for in-home; upcoming groups that are accepting referrals are the Adolescent DBT group which starts February 21st and the Girls 360 group which will start March 23rd

Clay County Juvenile Probation – Lindsey will cover student at the Career Academy; Khrystal will cover all other Moorhead and rural schools; Rape and Abuse Crisis Center offering a Not A Number course at the Career Academy and Horizon Middle school which is an evidence based program that talks about healthy relationships, friends, unsafe situations – Lindsey will share a flyer when she gets one.

Youth Leadership Council – Speaking to Clay County social workers and probation teams in February about their experience in foster care; gearing up to attend Foster Care Youth Day on the Hill in early March; planning to attend Tomorrow’s Leaders for Today (TLT) which is a conference in Duluth focused on advocacy for foster children’s rights; Sibling Bill of Rights was created in MN at a previous Day on the Hill – very moving, link below

<https://www.fosterchildandyouthday.com/>

Clay Collaborative – hosting another section of ACE presentation and community conversation in April focused on resiliency. Dates are April 27th in Hawley from 5:30-8:30pm and April 28 at Clay County Social Services from 9-12noon. Everyone is invited – professionals and community members.

Solutions – hired 3 staff this week; ARMHS referral list will go down with new hires; children's case management referrals are being assigned at a good pace; starting a new Incredible Years group in the next few weeks and taking referrals for those who have MN MA or PMAP

Next meeting is Thursday 3/2/23 at Clay County Social Services in group room 4 at 8:30am